

# Teeth and Healthy Eating



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# There are 4 different types of teeth.



Incisors

Canines

Molar

Pre molar



First teeth-sometimes called  
"Baby Teeth"

Teeth are made from a hard substance called enamel

# Different Teeth Structure ?



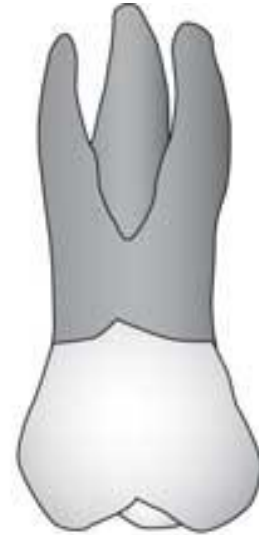
incisor



canine



premolar

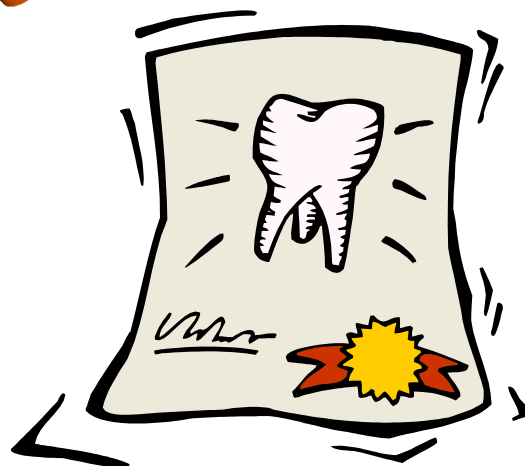


molar

# What do the different teeth do?

incisors

cut



canines

tear

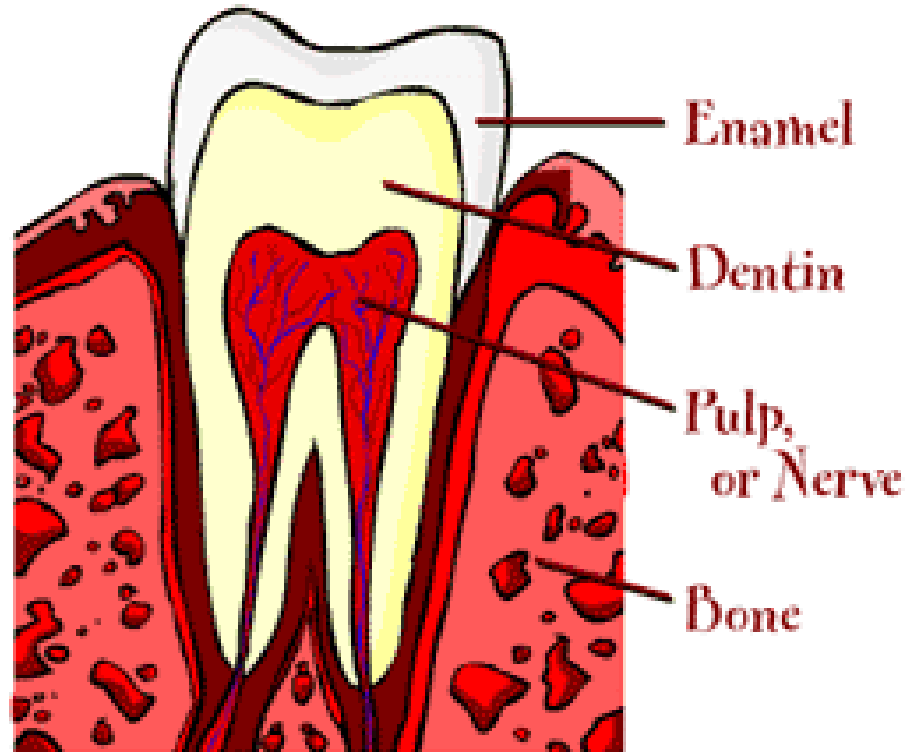
pre molars

rip

molars

chew

# What are the parts of a tooth?



Cross-section of a tooth

# How can I look after my teeth?



Brush your teeth twice a day

Try not to eat too many sweets



Visit the dentist twice a year





Check our video on Teeth Types  
at [www.makemegenius.com](http://www.makemegenius.com)

**Check MMG School Science**



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# What foods are good for our teeth?



# Foods that cause tooth decay



Some of these stick to the teeth  
Get decayed causing cavities

# How are cavities caused?



Bacteria from food stuck in teeth causes a build up of plaque.



Plaque acid attacks the tooth



The tooth eventually rots away



# So what do I do to keep my teeth healthy?



Brush regularly



Visit the dentist



Floss



Eat sensibly



Look after your gums

Thank you for watching our presentation

